## 1. Go to <a href="http://www.firstaidforfree.com/">http://www.firstaidforfree.com/</a> - Go to "Register"

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Welcome! Firstaidforfree.com offers <b>free online first aid and CPR courses</b> that anyone can take. Our free online first aid training could equip you with the skills and knowledge to help save someone's life.	LOG IN Username or E-mail			
Simply work your way through our <b>free online first aid courses</b> to develop your lifesaving knowledge. Once you're done, you can download a free first aid certificate.				
I believe <b>everyone</b> should have access to free first aid and CPR training. That's why I created this website and wrote the materials for the online first aid courses. We also have a first aid blog regularly updated with all the latest first aid news and tips.	Password	Login		
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2. Register For The Site – Enter your "Username", Enter your "E-Mail", Enter your "Password", Enter your Password Again "Confirm Password", Check "I'm not a Robot" – Click "Register"

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## 3. You should see the following screen below, once you Register

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## 4. Next use the User ID and Password you created to log in

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5. You will see the following screen. Make sure you change the "Display name publicly to" to your First and Last Name.

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Go to the bottom of the page and click "Update Profile"

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6. At the bottom of the Profile Page you will see the Training Modules – Be sure to Click on "Basic Online First Aid" and take the test. Be sure to print of the certificate once you have completed the module. Repeat for "Online CPR Course".

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Make sure you click "Mark Unit as Complete" for each screen

Once you have complete all the modules for the unit (CPR or First Aid) you will be able to download a certificate.

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